

ARUN WELLBEING AND HEALTH PARTNERSHIP (AWHP) MINUTES

Date: Wednesday 16 October 2019
 Time: 2 – 4 pm
 Venue: Wave Leisure Centre, Littlehampton
 Chair: Holly Yandall, Public Health Lead, WSCC

Present:

Claire Dower (Arun Wellbeing, Information Officer) **Joy Bradbury-Ball** (Senior Wellbeing Officer, Arun Wellbeing) **Holly Yandall** (Public Health Lead, West Sussex County Council), (**Maxine Thomas** (Service Manager, Coastal West Sussex Mind), **Russell Tooley** (Wellbeing Services Manager, ADC), **Sarah Parker-Hatchard** (Fitness & Wellbeing Manger, Freedom Leisure, **Matt Williams** (Centre Manager, Freedom Leisure), **Lee Tillyer** (Active Communities Officer, Freedom Leisure), **Charlotte Simpson** (Active Communities Officer, Freedom Leisure), **Cllr Gill Yeates** (Cllr for Community Wellbeing, ADC), **Robin Wickham** (Group Head Community Wellbeing – ADC) **Julie Hodson** (CWS CCG – LCN Delivery Lead), **Georgina Bouette** (Community Safety Manager, ADC) **Kath Callaghan** (Rustington PC)

Apologies:

Sharon Russell (Service Lead Nurse – PAT), **Hilda Sherwood** (Chief Executive, Voluntary Action Arun and Chichester **Cllr Pauline Gregory** (Cllr for Residential Services ADC), **Julie Budge** (CEO – My Sisters’ House)

Minutes: Chair: HY Minutes: CD		Info, Decision, Action	Action
1.0	Report back from previous meeting/matters arising: (HY)		
1.1	HY thanked Freedom Leisure for hosting this meeting and for the tour of the new leisure centre	I	
1.2	The minutes of the last meeting were summarised & it was noted not all actions were completed – (further updates as to why were discussed later in the agenda)	I	
1.3	Partnership were requested to send any details of newsletters that their organisations produce to CD	A	ALL/CD
2.0	Arun Local Community Network: Julie Hodson		
2.1	<p>JH gave a presentation to the partnership on the Arun District Local Community Network (presentation attached to minutes) Regis & REAL (Rustington, East Preston, Angmering & Littlehampton) LCN groups have merged, so they now cover district wide. HY commented that the new merged group shares the same geographical footprint & has similar priorities & key issues as the AWHP terms of reference. HY proposed to the partnership that the AWHP merges with the LCN & extend the invitation for a rotating chair at each meeting. The partnership gave the following comments:</p> <ul style="list-style-type: none"> The AWHP is well attended and provides a good networking opportunity but has not delivered any actions or outcomes in 	I	

	<p>recent years. It would be good to merge so that the partnership has guided direction & receives strategic in-put</p> <ul style="list-style-type: none"> • The LCNs are seeking to report into the WS Health & Wellbeing Board so collaboration will have more structure • A wider group of members will create bigger thinking & more ideas, that have a priority focus to capture the whole picture • LCN link through CCG governance map of Health & Wellbeing Board. AWHP has no formal governance & is a standalone meeting • The AWHP has no connection with the WS Health & Wellbeing Board – we would have a stronger voice through the LCNs • AWHP members need to link in with LCNs to ensure elected member representation at meetings • Attendance at LCNs is perceived to be very strategic, would members of the AWHP who work on the front feel like they would be able to attend these meetings? The AWHP is a good way of getting information out to organisations & people who work on the ground • Lack of GP attendance at AWHP to get answers to questions • Groups/organisation presentations at LCNs that GPs attend is a good way of getting information across • Mixture of organisations that attend AWHP gives a better reality picture of what is going on • Perception that LCNs do not have the same level of networking and they are more strategic • Arun LCN is attended by a mixture of frontline workers (including GPs, social workers) and wider partners involved in health and wellbeing in Arun. 		
3.0	Next Steps:		
3.1	<p>The next Arun District LCN board meeting is on Thursday 14th November, 12:00-14:00, Angmering Community Centre, Bramley Green Estate, Foxwood Avenue, Angmering, Littlehampton, BN16 4FU – members of the AWHP are invited to attend so they can get a feel of what the meetings are like. If you would like to attend, please contact steph.tangen@nhs.net</p>	A/I	ALL
3.2	<p>It was agreed that this meeting was not as well attended as the last, so in order to give the partnership an opportunity to give their thoughts HY will produce a summary of comparisons, so members can see the differences/similarities between the LCN and AWHP, and some options for the future of AWHP. This document will follow these minutes. The partnership will be given a deadline date to send their thoughts to CD & these will be collated & summarised so the partnership can then decide a way forward.</p>	A/I	HY/CD
4.0	Partnership Updates / AOB:		

4.1	<p>RT/JBB– Arun Wellbeing have new services which include Smoking cessation, which is active now (flyer attached to these minutes), Health Checks which hopefully will be available at the beginning of the new year. It is hoped the new services will complement and be an added addition to what the GP surgeries and pharmacies currently offer. The hub has also been given funding for a new alcohol adviser role which the hub will be advertising for shortly. The alcohol service will support clients who have increased drinking levels, but the hub will still be referring those that have dependency or very high levels of alcohol consumption to the specialist service, Change Grow Live.</p>	I	
4.2	<p>MW/CS: Freedom Leisure have been working on the following new initiatives:</p> <ul style="list-style-type: none"> • Successful in securing booking with the hospital cardiac clinic • Linking in with the Escape Pain service • Offering swimming rehabilitation programme with Swim England • Working with SAGE house and allowing those clients to access the facilities with a buddy who does not have to pay, in order to break down barriers for attending • In January walking cricket & netball will be launched • Working with Alzheimer’s Society on a Living Well day. which will involve inclusive session for those aged 60+. The session will be for 2 hours at a small cost and will take place at the end of January. • Working with MIND to host a Mental Health Awareness day at the Wave on 18 May – there will be different workshops throughout the day. AWHP organisations are welcome to have a stand at this event. Please let CS know if you are interested in attending charlotte.simpson@freedom-leisure.co.uk • Healthy Walks in Arun is expanding to cover weekend walks for children & families, this follows on from the success of Beat the Streets, that took place in the summer. • Zachery Merton hospital physiotherapy lead has invited Freedom/AWHP to give a talk about the partnership – contact details below: Bridget Winrow Physiotherapy Professional Lead/ West Area Therapy Lead Sussex Community NHS Foundation Trust Bridget.winrow@nhs.net Tel:07920 245208 	I	
4.3	<p>MT: Updates for West Sussex Mind</p> <ul style="list-style-type: none"> • Coastal West Sussex Mind will now be called West Sussex Mind 	I	

4.4	<ul style="list-style-type: none"> • A new safe-haven crisis café has been launched in Worthing at Method house, to prevent people with mental health from going to A&E when not necessary • Pathfinder Primary Care workers are now expanding to cover Littlehampton • Funding has been secured to develop site at 23 Maltravers drive – hope to open in spring time • Working in partnership with Pallant House Galley to deliver community art workshops for service users • Drop-in at Rustington Library – Mental Health Information Point, 1st Monday of every month 10.30am – 12.30pm 	I	
4.5	<p>For further information please contact MT direct or visit https://www.coastalwestsussexmind.org</p>	I	
4.6	<p>KC Who is also a parish councillor for Rustington and is part of REAL as a patient representative, hopes to launch a Wellbeing week in the village of Rustington</p> <p>GB Community Safety Partnership update:</p> <ul style="list-style-type: none"> • The service has changed from past years and the focus is now on protecting & supporting vulnerable people who are being exploited by drugs and alcohol links • Safeguarding group has been linking up and sharing information with the LCNs and been sharing information that is relevant to the partnership. • A new alcohol/drug help service has been funded in Littlehampton at Dove lodge, so clients do not have to travel to Worthing or Bognor to receive help. <p>HY – Public Health Update:</p> <ul style="list-style-type: none"> • Self-harm needs analysis has been published – it sets out the current challenges in West Sussex and the drivers for self-harm across all age groups and makes recommendations. Arun had the highest rate of emergency admissions for self-harm in males in 17/18. All local authorities in West Sussex, except Horsham have significantly higher rates of self-harm admissions for females than the England average. Arun and Worthing had higher rates for males. Please see attached links for Health and Happiness Survey and Reducing Drug and Alcohol Related Death survey. <p>Health and Happiness Survey: https://jsna.westsussex.gov.uk/updates/health-happiness-2019/ Drug Related Death Audit: https://jsna.westsussex.gov.uk/updates/drug-related-deaths-audit-2019/ Self-Harm Needs Analysis: https://jsna.westsussex.gov.uk/updates/self-harm-needs-assessment/</p> <ul style="list-style-type: none"> • The Health and Wellbeing Board has agreed the need for the strategic approach to healthy weight in children across the 	I/A	

	<p>county. A healthy weight steering group will start in January, with place-based sub-groups. District and borough CEO's will be consulted end of October. If the partnership would like to volunteer for the place-based groups, please let HY know.</p> <ul style="list-style-type: none"> • Campaigns that Public Health are currently running are: Stoptober, Ageing Well in West Sussex, Flu, DrinkCoach – alcohol awareness week. HY will send summary of Alcohol & Me when available. 		
5.0	Close of Meeting		
	Next meeting to be confirmed.		